

The Top Ten Things you Need to Know to Keep your Family Lead-Safe



- 10) If your home was built before 1978, it could have lead hazards.
- 9) Lead poisoning interferes with your child's normal mental development.
- 8) Ensure that your child's blood lead level is checked by age two.
- 7) Eat a healthy diet full of foods high in calcium & iron.
- 6) Be careful: Improperly performed renovations can poison your child.
- 5) Cleaning with a dry rag spreads dust (except specialized High Efficiency Particulate Air (HEPA) vacs).
- 4) Solve moisture problems to reduce paint deterioration.
- 3) Fix deteriorated paint using lead-safe methods.
- 2) Wet cleaning with detergent is effective (but discard rags, mops, etc.).
- 1) Lead poisoning is 100% preventable.



Indiana Department of Environmental Management
Children's Environmental Health
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